

Alcuni ragazzi di 3<sup>A</sup> hanno riflettuto su come hanno vissuto il lockdown: Chiara ha scritto una pagina di diario sui cambiamenti delle sue abitudini, Sebastiano ha raccontato degli effetti sulle relazioni familiari mentre Daniel ha espresso i suoi pensieri inserendo un breve paragone con l'epidemia dell'influenza spagnola di circa un secolo fa.

Chiara Rimola 3<sup>A</sup>

### ***A GIRL'S DIARY PAGE DURING PANDEMIC***

*27th April 2020*

Dear diary,

I am just thirteen, I am a simple girl who doesn't do anything exciting, surprising or, at least, that's what I thought before the pandemic. I just used to go to school, hang out with my friends, play volleyball, watch films and tv series and travel. But now most of these things seem so unreachable and that scares me a little bit. Fortunately, I often talk to my friends and relatives, so I feel less lonely, even if I am in quarantine.

I have a few inspirations, by now I always do the same.

I get up at about eight o'clock, I have a fast breakfast, then I make myself look presentable for virtual lessons I'm having in the morning. After finishing lessons, I have lunch, and then I relax a little bit. After that I do my homework, when I finish studying, I watch TV, or I use the phone while I get a snack. Then I have dinner and finally I often watch a film with my parents.

I just repeat that almost every day and it's kinda boring.

I am afraid of this whole situation: I don't want to lose people I love and seeing all those lives taken away makes me feel sad and scared at the same time.

I never thought I was going to say this...but I actually really miss school. I miss laughing with my classmates, listening to them complaining about everything and everyone and having snacks together. We shared a part of our life. Finishing middle school like this will be the saddest thing, we have been a family for three years and all of this is about to finish soon; we can't even hug each other.

I have been at home for almost two months and I've gone out only to throw the trash out. It's usually been sunny and hot: we have watched the coming of spring, on our balconies.

When the lockdown finishes, I'll hang out with one of my friends (obviously with right precautions). We will go to Lura park and we'll talk until we'll lose the breath. We will be free again. So, I'll keep doing what I used to do before pandemic, because those things made me really happy and I learned that we have to appreciate even the tiniest things.

I hope many people will become more responsible, after this quarantine. I'll always remember this horrible experience and I hope we will be more united as a country. I'm sure we'll fight and win this war, as a united world against coronavirus!

Chiara

Sebastiano Sconfitti 3^A

### *Some effects of quarantine on family relationships.*

Lately my family is becoming more united and stronger than ever. Actually, I have been getting along very well with my father because he is seeing how I am working. He's appreciating me.

He used to work a lot, so he didn't use to be at home long.

He works in a transport company as a service department manager, so a lot of his day is devoted to work.

My mother used to be very busy to drive us to our afternoon activities, despite having more time to spend with us.

That's why they couldn't realize what we did or studied.

The worst part of the day was dinnertime when we were all tired and my parents often did not have dinner with us because they were too tired to eat.

Sometimes my father was not at home because he was travelling and had to sleep in a hotel.

We were never calm; something always spoiled everyone's day.

We were nervous and we used to show our bad side.

In my opinion, this quarantine situation has helped to reunite our family, we have improved relations among us, because now we are quieter.

We wake up at 8, my brother, my sister and I start our video lessons. My

parents help my brother because he is the youngest.

Then we have lunch all together and we do our homework not to fall behind with our schoolwork, in the afternoon.

Right now, we feel better because there is more peace of mind at home.

We all have seen the best side of each one.

I am calmer and I'm working for my exam. I've started feeling really well about myself. My parents are happier to my brother, sister and me. They realize we are studying.

I think that in future after this situation our relationships will change, they will not probably be as peaceful as they are now, but I am sure they will be better than before.

Daniel Cerutti 3^ A

## MY WAY OF LIVING THE CORONA VIRUS

On January a really bad news arrived.

A virus discovered in China has later reached Italy: its name is COVID-19 also known with the name of coronavirus.

Our government has decided to announce the lockdown.

The last pandemic disease that hit our country was the Spanish Flu.

However the Spanish Flu killed 50 million people all over the world while the Corona virus killed 350 000 people.

My life has changed very much since the beginning of the pandemic in Europe.

Before the lockdown I used to go out with my friends and my family and I went to school.

At the moment, after three and a half months I can finally return to some of my old habits but I cannot go to school yet.

One hundred years ago the Spanish Flu lasted for two years and manifested itself with three or four different waves:

- the first in spring 1918
- the second still in 1918 but in autumn
- the third in winter between 1918 and 1919
- the fourth but just in some countries in 1920 and 1921

When I was in quarantine I spent most of my time doing my homework, watching tv and playing videogames and sometimes I called my friends on the phone.

I was a bit worried about my family's health and mine, and I felt powerless in front of that dramatic situation but now I am starting to feel better.

During the lockdown I never went out because I wanted to respect the rules and also because I was very scared.

Now the more restricting regulations have been revoked and I am thinking about going out with my friends, but we still have to wash our hands frequently, wear masks and maintain a distance of one meter between us.

These are our only possibility to restrain the infection.

At the Spanish Flu's age no one could find the right cure to their infection until 1930 when someone discovered the vaccine but the main waves of infection were long gone. Also today there aren't any internationally recognized and effective medicines against the Coronavirus yet but the scientists say that a vaccine will be ready in 1 or 2 years.

However we can consider ourselves lucky because we have several ways to counter the COVID- 19 or prevent its spreading.